

Mental Health in the City of Wolverhampton- direction and priorities *August 2017*



**WOLVERHAMPTON
Clinical Commissioning Group**



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1.0 CONTEXT FOR OUR DIRECTION OF TRAVEL

A Mental Health Commissioning Strategy for the City of Wolverhampton was established for the period 2013-2016.

After that Strategy was agreed, national requirements to develop a Better Care Fund (BCF) were introduced.

A mental health workstream was incorporated into our BCF programme through which our strategic aims were incorporated.

We went on to align our programme to the developing Black Country wide Sustainability and Transformation Partnership (STP) programme as well as the National Mental Health programme.

In addition, in the City of Wolverhampton, the development of a whole People Directorate Commissioning Strategy *Shaping Futures, Changing Lives* is giving a whole-family focus to the Council's work. With partners, the Council is aiming to support resilient individuals, families and communities as part of our well-being focus. This is a vital component of our approach to positive experience of mental health for individuals, in families and communities; prevention of mental health issues; and effective support and treatment where required.

The closing period of the Mental Health strategy saw work to update our strategy in a changing environment. To develop our plans, our review has also used a visit from Claire Murdoch, the National Director of Mental Health for NHS England to our mental health services in the City of Wolverhampton which took place in August 2017.

The aim of the visit was to share our developments and explore a range of issues and possible next steps regarding mental health services, support and prevention for people in the City of Wolverhampton within our wider Black Country environment. The logo's of all organisations involved are included on the cover of this report. The visit also gave us opportunity to reflect on strategic developments and use the event to shape next steps.

At the visit we made presentations and reflections on a range of mental health issues and our work including:

- our local Better Care Fund mental health work;
- suicide prevention;
- our Headstart initiative;
- the West Midlands Combined Authority focus on mental health ("*Thrive*") including a regional employment initiative;
- accommodation and support for people with mental health needs;
- the mental health work stream of the Sustainable Transformation Programme;
- and a specific focus on our workforce with special reference to social work and the Think Ahead graduate mental health social work training scheme.

Staff from health, social care and the voluntary sector in the City of Wolverhampton as well as the wider Black Country focused on a range of issues including workforce matters such as recruitment and retention across the system.

Our reflections were strengthened by Claire Murdoch in her presentation. She spoke about the much welcomed and ambitious national mental health transformation programme and about the funding available to improve access to mental health services. She also highlighted workforce developments needed in the future to continue the strengthening of current services.

The national picture is informed by the 2011 *National Mental Health Strategy* which promoted six objectives including improvement in the outcomes, physical health and experience of care of people with mental health problems, and a reduction in avoidable harm and stigma. The Department of Health 2015 document *Future in Mind* articulated a clear consensus about the way in which we can make it easier for children and young people to access high quality mental health care when they need it. The 2016 *Five Year Forward View for Mental Health* brought mental health care within the national overall NHS improvement programme to be delivered through the STPs and which has continued a focus on commissioning for quality for all people through all stages of life.

Local leadership for health and care in the City of Wolverhampton has been shaped further during 2016-17 as the focus has been more clearly directed on systems development. There is emerging interest in the way in which an accountable care system will deliver better community-orientated support including in response to people's mental health needs.

Through the Council's *Shaping Futures, Changing Lives* People Directorate Commissioning Strategy, we have established our overall priorities across public health and wellbeing, children's and adult social care which also apply to our work supporting people with mental health needs – resilient individuals and families as well as promoting independence and inclusion.

The environment for this aim is supported by the Council's *Corporate 2030 Vision* where we integrate a focus on prevention, early intervention and recovery so that people with specific mental health needs can fully participate in the local community. We are proactively delivering the shifting of the balance of support from care home placements to supported living. A new mental health housing "pipeline" of supported housing is being developed. In addition, we are recommissioning our "floating support" and targeted prevention services. Public health contributions and leadership is vital to this overall approach for people using mental health services. For instance, through their work we are developing our local suicide prevention work in partnership with the Samaritans and the voluntary and community sector.

The statutory core functions in respect of mental health continue to apply and we need to ensure that these basic issues are addressed. These include the provision of sufficient Advanced Mental Health Practitioners to exercise the functions with regards to individuals of the Mental Health Acts 1983 and 2007, the Mental Capacity Act 2005 and the Care Act 2014 for adults as well as children and young people where wider legal frameworks for the paramountcy of the needs – including mental

health needs - of the child also apply. Law which shapes the commissioning and delivery of healthcare is equally significant in ensuring a positive experience for individuals in their mental health and any need to use wider support through their communities and/ or our services.

For Wolverhampton CCG, a number of factors are deemed important to develop through our next steps, recognizing that we are very much building on current activity including the BCF mental health workstream. The Wolverhampton Crisis Concordat also offers some context for our next steps as it has focussed on:








- Preventing Crisis and Helping People to Stay Well
- Values based care and support
- Access to Crisis Care
- Care and Support for Children and Young People
- Improved care pathways across health, social care, police and ambulance service








An updated mental health strategy will provide evidence of plans and work areas including:


- Engagement with the public and people who use services building on the work done to develop CCG commissioning intentions
- Effective consultation with clinicians
- Mental Health Concordat including crisis work
- Core 24 and psychiatric liaison
- planned mental health care pathway design
- meeting the mental health investment standard
- early intervention and psychosis approaches
- eating disorders
- personality disorder
- dementia
- strengthening evidence-based approaches
- Improving Access to Psychological Therapies (IAPT)
- Renewed mental health partnership arrangements under the Health and Well Being Board

In this context, this short document is designed to summarise the work we have been doing as a bridge to take forward the work of updating our mental health strategy building on the developments which have occurred. The following are examples of a range of work which have been developed and which will remain significant as updated aims and objectives for our Mental Health Strategy are established.

SOME INDICATIVE KEY PRIORITIES & DELIVERABLES

| THEME | Indicative agency / partner | Indicators / Outcomes / issues / background |
|--|--|---|
| Population needs analysis concerning mental health |   | http://www.wolverhampton.gov.uk/jsna |
| Children and young people |  | <p>Why/Outcomes</p> <ul style="list-style-type: none"> ▶ To increase mental well being and resilience in young people ▶ Reduction in the onset of diagnosable mental health disorders ▶ Improved engagement in school and academic attainment ▶ Reduced engagement in 'risky' behaviour (criminality) ▶ Reduced engagement in 'risky' behaviour (health risk behaviours) |
| Mental health and the local economy |   | <p>See Appendix 1 for more detail.</p> <ul style="list-style-type: none"> - Supporting people into work and whilst in work - Providing safe and stable places to live - Mental health and criminal justice - Developing approaches to health and care - Getting the community involved |
| Health and Employability | <p>Mind@work programme</p> | <p>Outcomes</p> <ul style="list-style-type: none"> • Progression into voluntary work • Work placements • Progression into Wolves@Work • Progression onto Individual Placement Support Service |
| | <p>Individual Placement support service</p>  <p><i>a brighter future for young adults</i></p> | <ul style="list-style-type: none"> • Supporting people with mental health issues into employment opportunities • Funded by Council, YEI Impact, Department for Work and Pensions • Dudley and Walsall Mental Health Trust • Pilot programme commenced May 2017 – March 2018 • 36 job outcomes • 50% ESA claimants • Majority supported should be 18-29 years  |

| | | |
|---|---|--|
| | <p>Jumpstart</p>  | <ul style="list-style-type: none"> • Supporting people with mental health issues into employment opportunities • Funded by Council, YEI Impact, Department for Work and Pensions • Dudley and Walsall Mental Health Trust • Pilot programme commenced May 2017 – March 2018 • 36 job outcomes • 50% ESA claimants • Majority supported should be 18-29 years  |
| | <p>Wolverhampton Crisis Care Concordat - declaration statement</p> <p>Wolverhampton Crisis Care Concordat - Action Plan</p>  | <ul style="list-style-type: none"> - Preventing Crisis and Helping People to Stay Well - Values based care and support - Access to Crisis Care - Care and Support for Children and Young People - Improved care pathways across health, social care, police and ambulance service |
| <p>Accommodation / Homelessness</p> |  | <p>Accommodation options across the City are varied:</p> <ul style="list-style-type: none"> • Single Person supported accommodation • Specialist Accommodation • Better links between housing and mental health services • Floating support |
| <p>Healthcare</p>  | <p>Please refer to the attached slides</p> | |
| <p>Suicide prevention</p> |   | <p>Current Priorities</p> <ul style="list-style-type: none"> • Working with coroner – attend inquests; undertake a more up to date audit of suicides • Information dashboard: include young people's self-harm and suicide attempts and street triage data • C&YP, Older People's task groups • Media guidelines workshop planned • GP suicide prevention training – with CCG • Working with bereavement services • Mental health and wellbeing of migrant populations • Promotion of good mental wellbeing and reducing stigma |

| | | |
|------------------------------------|---|--|
| <p>Workforce – Social Work</p> |  | <ul style="list-style-type: none"> • Completed practice placement one (70 days) and currently on second (100 day) placement. • Working with individuals but also looking to implement a community level intervention, which is currently in consultation phase. • Had various meetings with other agencies such as Public Health England and other sectors of Local Authority to explore joint working to deliver a community level intervention. • Set up steering group to guide this project made up of both service users and professionals. |
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NEXT STEPS

The items listed above are indicative only of the range of work underway in mental health services. There is more detail in each scheme and all programmes and approaches have not been mentioned.

Work is now developing to update the Mental Health Strategy and a work group has been formed.

It is likely that this time will be a good opportunity to strengthen current approaches and to recommend the establishment of re-vitalised partnership arrangements to oversee the strategy under the Health and Well-Being Board, building on the successful reflections from Claire Murdoch's visit.

Further work will be required to clarify factors such as commissioning intentions in the light of the City Council People Directorate Commissioning Strategy, *Shaping Futures, Changing Lives* and Wolverhampton CCG commissioning intentions.

The updated strategy and further work will be based on updated population needs assessment as part of the overall Joint Strategic Needs Assessment for the City of Wolverhampton.

An updated vision will take account of current developments, commitments and interest in the value which an accountable care system or other such models of care in the NHS working in partnership with the Council and other partners might bring to the locality. The focus on improving the health of the whole population in the City as well as the quality of health and care services will remain.

It is seen as important to ensure that consultation and engagement arrangements with people who services, carers and the public are as good as they can be. Updating the mental health strategy affords an opportunity to review arrangements.

The workforce will probably continue to be a theme in terms of both quality and number as well as ensuring that basic statutory requirements are in place such as the Local Authority overseeing sufficiency in supply of Approved Mental Health Practitioners.

The Strategy working group will also reflect on the theme of user voice and engagement and the extent to which current initiatives capture that. Moreover, the role of carers in families or wider communities is likely to remain an important focus in the context of continued support initiatives.

An overall review of the role and actions relating to the themes of prevention, early intervention and pathways to recovery from a mental health episode will also be given.

Issues for commissioning across health and social care in specific service areas for people across all the years of their lives from CAMHS to dementia and all those mentioned in this report will be undertaken as part of the updated strategy.

APPENDIX 1

MENTAL HEALTH AND WELL BEING REGIONAL PICTURE

| MENTAL HEALTH AND WELLBEING – REGIONAL PICTURE | | PRIORITIES | COVERAGE | ACUTE/PREVENTION |
|--|--|---|--|------------------|
| KEY DOCUMENT | | | | |
| WMCA - West Midlands Combined Authority | - Thrive - West Midlands | <ul style="list-style-type: none"> - Supporting people into work and whilst in work - Providing safe and stable places to live - Mental health and criminal justice - Developing approaches to health and care - Getting the community involved | West Midlands | Prevention focus |
| Public Health and Wellbeing Wolverhampton | <ul style="list-style-type: none"> - Mental Wellbeing Needs Assessment - June 2017 - Mental illness and Suicide Prevention - Wolverhampton Needs Assessment 2015 - Making Wolverhampton a Safer Community - Strategy with Action Plan | <ul style="list-style-type: none"> - Training and awareness raising - Five ways to wellbeing - Reducing stigma - Physical health and healthy lifestyles - Developing a range of social prescribing options - Workplace health - Address the wider determinants of mental wellbeing - Address issues for groups at particular risk | Wolverhampton population wide, with some targeted elements | Prevention focus |
| Concordat Plan Wolverhampton | <ul style="list-style-type: none"> - Wolverhampton Crisis Care Concordat - declaration statement - Wolverhampton Crisis Care Concordat - Action Plan | <ul style="list-style-type: none"> - Preventing Crisis and Helping People to Stay Well - Values based care and support - Access to Crisis Care - Care and Support for Children and Young People - Improved care pathways across health, social care, police and ambulance service | Wolverhampton population wide | Acute focus |
| Better Care Fund Wolverhampton | - Outline Business Proposal: Urgent Care Pathway Service Redesign | - Mental Health Urgent and Planned Care Pathway Design Programme | Wolverhampton population wide | Acute focus |



Stocktake of MH
across West ML