

Health and Wellbeing Board

11 July 2018

Report title	HeadStart Phase 3 – Annual Review Outcome	
Cabinet member with lead responsibility	Councillor Paul Sweet Children and Young People	
Wards affected	Fallings Park, Bushbury South and Low Hill, Heath Town, East Park, Ettingshall, Bilston East, Blakenhall, Graiseley, Park, St Peters.	
Accountable director	Emma Bennett	
Originating service	Children and Young People - HeadStart	
Accountable employee(s)	Andrew Wolverson	Head of People Tel 01902 555550 Email andrew.wolverson@wolverhampton.gov.uk
Report to be/has been considered by	List any meetings at which the report has been or will be considered, e.g. Strategic Executive Board People Leadership Team	26 June 2018 21 June 2018

Recommendations for action or decision:

The Health and Wellbeing Board is recommended to:

1. Review the highlights and the Annual Review Report submitted to Big Lottery Fund in April 2018.
2. Feedback on the outcome of the Annual Review meeting with the Big Lottery Fund held on 8 May 2018.
3. Feedback on HeadStart's performance against KPIs for the 2017-18 reporting period.
4. Comment on baseline findings from timepoint one - national and local evaluation.

Recommendations for noting:

The Health and Wellbeing Board is asked to note:

1. HeadStart's re-profiled budget and forecast reach figures are still subject to approval by the Big Lottery Fund

2. A true measure of how the HeadStart programme is impacting on the emotional mental health and wellbeing of young people will be available at evaluation timepoint two – March 2019.

1.0 Purpose

- 1.1 This purpose of this report is to provide the Health and Wellbeing Board with a copy of HeadStart's Annual Review Report and its supporting documents and a summary of the May 2018 Annual Review meeting outcome. Also included is an overview of HeadStart's performance against its year two grant KPIs and baseline findings from the first timepoint of evaluation.
- 1.2 This is in line with HeadStart's Governance structure and the requirement to report to the Health and Wellbeing Board on an annual basis.

2.0 Background

- 2.1 City of Wolverhampton Council is the lead partner for HeadStart Wolverhampton, one of six partnerships across the country to receive Big Lottery funding to run a series of test and learn programmes in developing new ways of supporting children and young people aged 10 to 16 and their families with emotional mental health and wellbeing.
- 2.2 On 20 July 2016 Cabinet noted Wolverhampton's successful application for HeadStart Phase 3 Programme funding from the Big Lottery Fund of £9.5 million over five years. This follows on from stage one and two, which saw £900,000 of Big Lottery funding made available to Wolverhampton.
- 2.3 HeadStart nationally has five strategic outcomes:
 - A significant improvement in the mental wellbeing of young people
 - A reduction in the onset of diagnosable mental health disorders
 - Improved engagement in school and improved academic attainment
 - Reduced engagement in 'risky' behaviour including; substance abuse and criminality
 - Improved employability
- 2.4 Both nationally and locally the agenda for children's and young people's mental health and wellbeing has been recognised as being an extremely important social and health issue.
- 2.5 In January 2017 the Prime Minister made a series of commitments to ensure that children and young people get the support that they need. These included;
 - Mental health first aid training for secondary schools
 - A major thematic review of children and adolescent mental health services across the country, led by the Care Quality Commission
 - A forthcoming Green Paper on Children and Young People's Mental Health

2.6 The Green Paper: Transforming Children and Young People's Mental Health Provision, has subsequently been published and includes the following key proposals:

- creating a new mental health workforce of community-based mental health support teams
- every school and college will be encouraged to appoint a designated lead for mental health
- a new 4-week waiting time for NHS children and young people's mental health services to be piloted in some areas

2.7 Locally support for children and young people's mental health and wellbeing has been a significant priority over the last few years. This has included a range of specific actions;

- Wolverhampton HeadStart Programme
- Children's Mental Health services within the Better Care Fund arrangements
- Public Health developments to the Healthy Schools Programme
- Public Health revisions to school nursing and health visiting services

2.8 HeadStart Wolverhampton Phase 3 is a four-component 'test and learn' model to support the young people of the City. It includes:

- CityWide provision, predominately digital self-help, that is available to young people across the City
- Universal services for young people aged 10 to 16 living in key geographic areas of the City where evidence suggests that need is greatest
- Universal+ services for young people aged 10 to 12 in schools within those key geographic areas (with the exception of specialist provision)
- Targeted support for the young people identified as most vulnerable

3.0 Progress

3.1 Highlights in the Annual Review Report 2018 include:

- Successes from 2017-18 reporting year against our original ambitions
- Key learning on the programme following 'reflective' lessons learned workshops with employees, young people and managers
- Performance against grant KPIs
- Priorities for the coming year

3.2 The Annual Review Report was written following guidelines issued by the Big Lottery Fund. The focus on learning was in response to the 'test and learn' nature of the programme. See Appendix 1 HeadStart Wolverhampton Annual Review - May 2018.

3.3 The outcome of the annual review meeting was positive. In attendance was Emma Ackerman, Head of Funding (Strategic Programmes), Felicity Bennett, Funding Relationship Manager and Sue Bruton, Regional Funding Manager, all from the Big

Lottery Fund. Andrew Wolverson, Strategic Lead and Emma Cleary, Programme Manager represented the Partnership.

3.4 Specific comments included:

- A clear report that demonstrated an understanding of Big Lottery Fund's guidelines
- Pleased with progress of the HeadStart Wolverhampton programme to date
- Acknowledged the change in Leadership and the positive contributions of the new Strategic Lead – Andrew Wolverson. Big Lottery Fund wanted to maintain continuity in handover whilst the Innovation Lead is recruited.
- Big Lottery Fund noted the recent Governance Review which was implemented in May 2018
- Happy with progress against KPIs to date. Although a separate meeting is still to be held to formally approve the re-profiled budget and reforecast reach figures.

3.5 A subsequent RAG report is expected from the Big Lottery Fund for the Wolverhampton Partnership in June 2018.

3.6 HeadStart's performance against grant reach figures:

Programme Area	Projected Reach Figure year 2	Actual Reach Figure year 2 RAG rated	Since Inception
Number of primary schools engaged	11	20 (+9)	20
Number of secondary schools engaged	4	7 (+3)	7
Number of other school settings engaged	3	4 (+1)	4
Number of community-based organisations engaged	20	54 (+34)	54
Number of statutory services engaged	N/A	9 (+9)	9
Number of businesses engaged	N/A	4 (+4)	4
Total number of young people benefitting from Universal Support	1539	2383 (+844)	2383
Parents, Carers and Families commissioning	796	*512 (-284)	512
Number of professionals benefitting from HeadStart	120	*1157 (+1037)	1157

*Does not avoid double counting

3.7 Work with Families (WWF) is part of HeadStart's universal support and is a commissioned programme delivered in target HeadStart geographies. During the procurement process of this contract, market warming events led to a number of requests from the Voluntary and Community Sector (VCS) for a longer tender period in

order to give potential providers a stronger opportunity to gather local information as part of their bid. As HeadStart is a partnership programme with 40% of its delivery budget committed to community programmes, the response was to work alongside Corporate Procurement and the VCS to offer a 60-day tender window as opposed to the standard 45-day tender window. This was welcomed by both the sector and by the Big Lottery Fund. As a result, contract award was delayed and consequently operational activity and direct work with parents only started towards the end of the Big Lottery Fund's reporting period (March 2018) impacting on reach figures.

- 3.8 The impact on parents, carers and families is anticipated to be minimal as this type of universal support in the HeadStart geographies was not in place previously and therefore, there was no gap in provision of support.
- 3.9 The school and Summer programmes for young people continued as planned and reach figures were exceeded. See Appendix 2 (Annex F) updated reach figures.
- 3.10 HeadStart's performance against milestones:
- Year two milestones have been partially achieved. Two milestones (out of 36 key deliverables); sustainability planning and development of empowerment and capacity building toolkits have been slipped to the next reporting year, all others were achieved. See Appendix 3 (Annex E) year three milestones.
- 3.11 HeadStart's performance against evaluation:
- Year two Wellbeing Measurement Framework (WMF) returns were achieved with Wolverhampton reaching 93% (1800 young people).
- 3.12 HeadStart's performance against spend:
- Year two spend reported a £563,867 slippage into the 2018-19 financial year. This was mainly due to changes in payment schedules for contracted providers and a commitment to the Lawnswood Partnership – Centre of Excellence for emotional mental health and wellbeing training. See Appendix 4 (Annex G) budget and Appendix 5 end of year financial report.
- 3.13 Baseline findings from timepoint one national evaluation:
- Wellbeing – girls score more negatively in year 9 than in year 7
 - Ability to manage emotions – boys score more negatively in year 7, but girls do in year 9
 - Emotions (worry, anxiety, low moods) – girls score more negatively than boys in year 7 and 9
 - Difficulties with peers – year 7 boys start off with more difficulties but by year 9 girls experience more difficulties
 - Managing stress – girls score more negatively than boys in year 7 and year 9
- 3.14 Baseline findings from timepoint one local evaluation:
- Sense of belonging – girls score more negatively than boys in both year 6 and year 7

- Emotional and family wellbeing – year 6 and year 7 score more negatively – girls in particular on emotional wellbeing
 - Behaviour (aggression and acting out) – boys score more negatively in year 7 than girls, the gaps narrows by year 9
 - Attention (managing it and tendencies towards hyperactivity) – year 7 boys score more negatively than girls, the gaps closes by year 9
 - Interpersonal and Intrapersonal – primary age manages relationships better in school than outside and vice versa for secondary
- 3.15 National evaluation qualitative themes included young people experiencing difficulties with:
- Anger, worry and anxiety
 - Home life, in particular, fights and arguments caused by circumstances such as divorce and money
 - Peers, including bullying
- 3.16 Whilst there are still many data variables to explore during the evaluation process such as: young people with certain protected characteristics, special educational needs and those who are eligible for free school meals, below is a selection of bespoke HeadStart interventions that are addressing the above issues:
- SUMO based resilience programme – building resilience to help young people cope with difficult situations
 - HEROs, HEROs+ and Digital Ambassadors+ - peer support programmes to help young people deal with conflict on and offline
 - Workforce development – employee training, workshops and briefings on topics that raise awareness and upskill professionals in spotting signs and symptoms of concerning behaviours earlier
 - HYPE empowerment programme – building self-confidence and self-esteem
 - Getting Ahead – a targeted programme focussed on building peer relationships, coping with stress (in a safe but challenging environment) and encouraging problem solving
 - Work with Families – helping parents and carers to understand how their own emotional mental health and behaviours impact on their children
- 3.17 A true measure of impact will be available during evaluation timepoint two, March 2019.

4.0 Financial implications

- 4.1 The HeadStart Phase 3 programme has secured grant income from BIG Lottery Fund of £9.5 million over five years.
- 4.2 Year two spend reported a £563,867 slippage into the 2018-19 financial year, this slippage is reprofiled along with future years budget allocation over the remaining years of the programme. This is subject to approval from Big Lottery Fund.

4.3 Grant payments are made by Big Lottery every April and October for each of the financial years covered by the programme.
[TC/12062018/V]

5.0 Legal implications

5.1 HeadStart Phase 3 will continue to operate within the terms and conditions of its grant and will comply with the required performance monitoring of the Big Lottery Fund as requested.
[RB/10062018/A]

6.0 Equalities implications

6.1 The HeadStart programme is subject to a full Equalities Analysis and as part of its governance has a separate Equalities Reference Group who advise on legislation, equalities monitoring and support provision to HeadStart target groups.

6.2 HeadStart works towards an Outcomes Framework which includes specific equalities objectives including: access to support for vulnerable groups and improved outcomes for young people with protected characteristics.

7.0 Environmental implications

7.1 There are no environmental implications arising from this report.

8.0 Human resources implications

8.1 There are no Human Resources implications arising from this report.

9.0 Corporate Landlord implications

9.1 There are no Corporate Landlord implications arising from this report

10.0 Schedule of background papers

- 11 April 2018 Children, Young People and Families Scrutiny
- 25 April 2017 Cabinet Resources Panel HeadStart - HeadStart Budget Update Phase 2 and Phase 3
- 28 February 2017 Children, Young People and Families Scrutiny Panel - Building Resilience and Preventing Self Harm
- July 2016 Cabinet - HeadStart Phase 3
- July 2016 Cabinet Resources Panel - HeadStart Phase 3